

Tools For People Helpers

Course Information



Helping others change can be difficult.

People helpers out there in various communities desperately need practical, easy to understand approaches which are proven to help their clients change for the better.

We offer participants a thorough skills development course that teaches innovative and practical techniques for helping both the helper, and their client, change for the better.

Questions	Answers
What's in it?	We use a mix of techniques drawn from Cognitive Behavioural Therapy (CBT), Neuro Linguistic Programming (NLP) and Motivational Interviewing (MI). Looking at case studies, we blend these into an approach for change that you can use right away.
Who's it for?	Social Workers, Occupational Therapists, Health Workers, Development Officers, Community Pharmacists, Youth Workers, Education & Welfare Officers, Special Educational Needs Teachers, Mental Health Professionals.
Why is it necessary?	There's been a dramatic increase in the number of people facing difficult living situations because of their caring or teaching roles. Helpers need the right skill sets to take care of their client's welfare
What are the benefits?	For Participants — a highly focused course that restores energy and improves confidence in fostering positive change for their clients. For Employers —giving your staff a set of superb skills to ensure their and their client's mental and emotional wellbeing.
What's included?	Highly experienced trainers; a comprehensive workbook. Tea and coffee on arrival; mid morning break with scones; full soup and sandwiches lunch; afternoon tea and coffee break. Course lasts from 9.30—4.30.



success ni

Course Venue

Success NI / The Old Meeting House /
21c Railway Street / Lisburn / BT28 1XG

Cost

£475 per person

To book or find out more
Call Paul on 028 9260 7766

www.successni.org